

**What is on at Newtongrange Development Trust - Registered Charity SC050782 – Join in!! Have fun!! Meet people!! Love Nitten!!**

Day	Time	Frequency	Location		Activity	Description	Cost	Contact
Monday	10.00am – 12.00am	Weekly	NDT HQ, 67 Gardiner Place, Newtongrange		Newtongrange Online Charity Shop Volunteering	Help us at our online charity shop – sorting and photographing clothes, packaging items and more!	Free	joy@ndt.scot Sheryl @ndt.scot
	1.00pm – 3.00pm	Every weekly on Mondays	NDT HQ, 67 Gardiner Place, Newtongrange		CAB outreach service, drop-in sessions	Dalkeith & District Citizens Advice Bureau provides free, impartial, confidential advice and information to help you sort out work, money, housing, family or consumer issues.	Free	www.dalkeithcab.org.uk/contact-us
	6.00pm – 8.00pm	Weekly	NDT HQ, 67 Gardiner Place, Newtongrange		Sewing with Anne Sewing and craft	A friendly group / drop in opportunity for people aged 16+. Do you have a sewing project you would like to try?	Free	sheryl@ndt.scot
Tuesday	9.30am – 11.30am	Weekly	Community Garden beside leisure centre		Community Garden	All ages and abilities welcome in the community garden. You can choose from a range of task or just enjoy the space. Children must be accompanied.	Free	sheryl@ndt.scot
	1.00pm – 3.30pm	Weekly	NDT HQ, 67 Gardiner Place, Newtongrange		Renovate Hub Sewing and craft	A friendly group / drop in opportunity for people aged 16+. Do you have a sewing project you would like to try? We do other craft activities too.	Free	joy@ndt.scot
	7.00pm – 9.00pm	1 <sup>st</sup> Tuesday of the month	NDT HQ, 67 Gardiner Place, Newtongrange		Newtongrange Development Trust Board Meetings	Each month the Development Trust board meet to discuss next steps for how to improve our lovely village economically, socially and environmentally.	Free	info@ndt.scot

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Wednesday	3.30pm - 5.30pm	Weekly, <b>Summer only</b>	Community Garden beside leisure centre		Community Garden	All ages and abilities welcome in the community garden. You can choose from a range of task or just enjoy the space. Children must be accompanied.	Free	sheryl@ndt.scot
Thursday	9.30am – 11.30am	Weekly	Community Garden beside leisure centre		Community Garden	All ages and abilities welcome in the community garden. You can choose from a range of task or just enjoy the space. Children must be accompanied.	Free	sheryl@ndt.scot
	12.15pm – 1.00pm	Weekly	The Dean Tavern Function Suite		Tai Chi	Tai chi is low impact exercise that gently works the whole of the body. The class is for all ages (12+) and all abilities. You can do tai chi sitting down.	50p - £5.00 donation or free	joy@ndt.scot
	1.00pm – 3.00pm	Weekly	Black Diamond FM		Community afternoon radio programme	Sheryl hosts the programme advertising community events and promoting the NDT offering. Guests invited along to talk about their role in the community.		sheryl@ndt.scot
	1.30pm – 3.00pm	Weekly	NDT HQ, 67 Gardiner Place, Newtongrange		Newtongrange Thrift Mine	Help us at our online charity shop – sorting and photographing clothes, packaging items and more!	Free	joy@ndt.scot Sheryl @ndt.scot cs@ndt.scot
	6.30pm – 8.30pm	Weekly	NDT HQ, 67 Gardiner Place, Newtongrange		Crochet and Knitting Group	A warm friendly group dedicated to crochet and knitting projects and great conversation!	Free	sheryl@ndt.scot

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Saturday	9.30am – 11.30am	Weekly	Community Garden beside leisure centre		Community Garden	All ages and abilities welcome in the community garden. You can choose from a range of task or just enjoy the space. Children must be accompanied.	Free	sheryl@ndt.scot
Sunday	11.00am – 1.00pm	Weekly	NDT HQ, 67 Gardiner Place, Newtongrange		The Pantry	Get great value food locally!! You can shop once per week and choose from a range of items. You also get fresh fruit, vegetables, pet food, sanitary products and baked items for free. Please bring a bag.	£3.50 for each weekly shop Car & cash accepted	sheryl@ndt.scot